

## GYMNASTICS CLUB





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## **GYMNASTICS CLUBS AT YOUR SCHOOL!**

Venue:		
Dates:		
Times:		
Price:		
Ages:		
Additional info:		



Our gymnastics clubs are a fantastic way for your child to experience gym – whether they are a regular gymnast, or it's their first time!

As a 'foundation sport', gymnastics uses strength, balance, coordination, and teaches children to develop the fundamental movement skills they need to lead a physically active lifestyle, as well as a healthy range of social and academic skills.

**Book now** for an extracurricular club they will never forget.

My children love the gymnastics classes and they are always keen to show us what they have learnt when they get home.

John - Parent





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